

EGGS		
SERVED WITH TOAST, HOMESTYLE POTATOES & FRUITS EGG WHITES		
Egg	1 choice of meat	1 EGG / 2 EGGS
Bagel B&M	2 eggs turned, bacon, Swiss cheese	
Hungry Meal		
Eggs & Salmon		
Steak & Eggs		

EGGS BENEDICT		
SERVED ON ENGLISH MUFFIN WITH HOMESTYLE POTATOES AND FRUITS		
Ham & Swiss Cheese		
Spinach & Brie Cheese		
Avocado & Goat Cheese		
Smoked Salmon	Spinach, asparagus, Swiss cheese	
Waffle Benedict	American cheddar, bacon	
Steak Benedict	Served on a bed of spinach topped with chipotle hollandaise	

OMELETTES		
SERVED WITH TOAST, HOMESTYLE POTATOES & FRUITS EGG WHITES		
Plain		
Three-Cheese		
Farmer’s		
Mexican		
Western		
Omelette X		
Avocado		
Greek		

Create your Own Omelette
Create your Quickie
Choice of 3 toppings

TOPPINGS	
VEGGIES	Tomatoes, mushrooms, spinach, asparagus, red or green peppers, onions, sun-dried tomatoes, black olives
MEATS	Bacon, sausage, ham, beef salami, hot dog
CHEESES	American cheddar, Swiss, brie, mozzarella, goat, feta, cream cheese
REPLACE	Homestyle potatoes with a salad or sweet potato fries

PANCAKES, FRENCH TOAST & WAFFLES		
ADD: Mixed fruit or mixed berries or strawberries or sour cherry jam   Bananas or Nutella or chocolate chips or English cream or maple syrup		
Pancake		1 PANCAKE / 3 PANCAKES
3 B&M Pancakes	Greek yogurt, sour cherry jam	
French Crêpe		1 CRÊPE / 2 CRÊPES
2 French Crêpes with Banana & Nutella		
B&M Crêpe	Scrambled eggs, bacon, sausage, ham and served with homestyle potatoes and fruits	1 CRÊPE / 2 CRÊPES
Veggie Crêpe	Scrambled eggs, vegetables and served with homestyle potatoes and fruits	1 CRÊPE / 2 CRÊPES
French Toast	Cornflake-Crusted	1 SLICE / 3 SLICES
Challah French Toast	Cornflake-Crusted	1 SLICE / 3 SLICES
Banana Bread French Toast	Cornflake-Crusted, bananas, chocolate chips	1 SLICE / 3 SLICES
Waffle		
Elvis Waffle	Bananas, bacon, peanut butter	

# B & M

HEALTHY CHOICES	
Fruit Cup	7
Fruit Plate	18
Yogurt	6
With mixed fruits or mixed berries   With granola	
Yogurt, Granola with 2 Poached Eggs	17
Served with mixed fruits or mixed berries   Greek yogurt	
Greek Yogurt	12
Sour cherry jam	
Oatmeal	11
Steel cut oats, brown sugar, bananas, maple syrup, cinnamon	

BREAKFAST DELIGHTS	
Breakfast Bagel	Egg, American cheddar, lettuce, tomato, bacon, served on bagel with homestyle potatoes and fruits
Bagel Lox Sandwich	Cream cheese, red onions, tomatoes, capers, dill, served on bagel with homestyle potatoes and fruits
Lox Platter	Bagel, cream cheese, red onions, capers, dill, black olives, tomatoes
Breakfast Poutine	Potatoes, bacon, cheese curds, onions, peppers, 2 poached eggs, hollandaise
Avocado Toast	Avocado spread, feta, mint, sourdough bread, poached egg

BREAKFAST SIDES	
MEAT	
EGG (1)	
SMOKED SALMON	
GRILLED CHICKEN	
HOLLANDAISE SAUCE	
HOMESTYLE POTATOES	
TOMATOES	
AVOCADO	
BAKED BEANS	

DRINKS	
Filtered Coffee	
Espresso	SMALL / LARGE
Macchiato	
Cappuccino	
Café Latté	SMALL / LARGE
Café Freddo	
Organic Tisane	
Hot Chocolate	
Milk	SMALL / LARGE
Chocolate Milk	

Milkshake	
Smoothie	
Fresh Orange Juice	SMALL / LARGE
Fresh Grapefruit Juice	SMALL / LARGE
Orange Juice	
Apple Juice	
Cranberry Juice	
Stewart’s	Turn your Stewart’s into a float
Snapple	
Soft Drink	
San Pellegrino Drink	
San Pellegrino Water	SMALL / LARGE
Bottled Water	
Cocktail	Mimosa / Caesar / Aperol Spritz
Beer	SMALL / LARGE

SALADS	
ADD: CHICKEN   SMOKED SALMON	
House	SMALL / LARGE
Caesar	SMALL / LARGE
Greek	SMALL / LARGE

SANDWICHES	
Grilled Chicken	Avocado, lettuce, tomatoes, Swiss cheese, mayo, ciabatta
Steak	Lettuce, tomato, caramelized onions, goat cheese, chipotle mayo, ciabatta
Club Sandwich	
BLT (or veggie option)	
Grilled Cheese	
Grilled Cheese Spinach & Mozza	
Grilled Cheese Bacon & Tomatoes	

SOUP & CHILI	
Soup of the Day	SMALL / LARGE
Chili	SMALL / LARGE

PIZZAS	
EXTRA TOPPINGS	
Margherita	Tomato sauce, mozzarella
All Dressed	Tomato sauce, pepperoni, green peppers, mushrooms, mozzarella
B&M Special	Tomato sauce, pepperoni, green peppers, mushrooms, onions, ham, bacon, mozzarella
The Rebel	Spinach, fresh tomatoes, black olives, feta, mozzarella, olive oil
Meat Lovers	Tomato sauce, pepperoni, bacon, Angus beef, mozzarella

BURGERS & HOT DOGS	
BURGERS SERVED WITH LETTUCE, TOMATO AND PICKLE	
Angus Beef Burger	
Grilled Chicken Burger	
Veggie Burger	
Nathan’s 12” Hot Dog	Mustard, relish, onion
Chili Cheese Hot Dog	

THE COMBOS	
BURGER OR HOT DOG	
BURGERS SERVED WITH LETTUCE, TOMATO AND PICKLE HOT DOGS SERVED WITH MUSTARD, RELISH, ONION	
#1 French Fries + Soft Drink	
#2 French Fries + Milkshake	
#3 French Fries + Beer 20 oz	

THE EXTRAS	
CHEESE	
BACON	
EGG (1)	
AVOCADO	
CARAMELIZED ONIONS	
SAUTÉED MUSHROOMS	
HOUSE CHILI	
CONDIMENTS	Onion, hot peppers, relish, mayo, chipotle mayo, Dijon mustard

STEAK	
Steak & Fries	
French Fries	
Sweet Potato Fries	
Classic Poutine	
Sweet Potato Poutine	