

B & M

EGGS

SERVED WITH TOAST, HOMEFRIES, FRUITS AND FILTERED COFFEE

MEAT CHOICES: BACON, HAM, BEEF SALAMI OR SAUSAGE | **BREAKFAST PASTRIES:** PANCAKE, FRENCH TOAST, WAFFLE, CREPE
REPLACE HOMEFRIES & FRUITS FOR SALAD OR SWEET POTATO FRIES +\$ | EGG WHITES ONLY +\$

- 1 EGG (ANY STYLE) + 1 CHOICE OF MEAT
- 2 EGGS (ANY STYLE) + 1 CHOICE OF MEAT
- OPEN FACE BAGEL B&M**
2 eggs over-easy topped with bacon & Swiss cheese
- EGGS B&M (2 EGGS WITH 3 CHOICES OF MEAT)**
- HUNGRY MEAL**
2 eggs (any style) with 3 meat choices and 1 choice of breakfast pastry
ADD STRAWBERRY, BANANA, NUTELLA, CHOCOLATE CHIPS OR MAPLE SYRUP TO YOUR BREAKFAST PASTRY +\$/EACH
- EGGS & SALMON (3)**

EGGS BENEDICT

SERVED WITH HOMEFRIES, FRUITS & FILTERED COFFEE | REPLACE HOMEFRIES & FRUITS FOR SALAD OR SWEET POTATO FRIES +\$

- HAM AND SWISS CHEESE**
- SPINACH AND BRIE CHEESE**
- AVOCADO AND GOAT CHEESE**
- SPINACH, SMOKED SALMON, ASPARAGUS AND SWISS CHEESE**
- WAFFLE BENEDICT**
Cheddar and bacon

HEALTHY CHOICES

FRUITS & BERRIES BASED ON SEASONAL AVAILABILITY | SERVED WITH FILTERED COFFEE

- FRUIT CUP**
Berries or mixed fruit
- FRUIT PLATTER**
Assortment of seasonal fruits served with Greek or low-fat yogurt
- YOGURT**
WITH BERRIES OR MIXED FRUIT +\$ | WITH GRANOLA +\$
REPLACE LOW-FAT YOGURT WITH GREEK YOGURT +\$
- YOGURT, GRANOLA AND TWO POACHED EGGS**
Low-fat yogurt topped with berries or mixed fruit & choice of bread
REPLACE LOW-FAT YOGURT WITH GREEK YOGURT +\$

OMELETTES

SERVED WITH HOMEFRIES, FRUITS AND FILTERED COFFEE
MADE WITH 4 EGGS | EGG WHITES ONLY +\$
REPLACE HOMEFRIES & FRUITS FOR SALAD OR SWEET POTATO FRIES +\$

- REGULAR**
- THREE-CHEESE**
Cheddar, Swiss and mozzarella
- FARMER'S**
Sausage, mushrooms and onions
- MEXICAN**
Peppers, mushrooms, onions and salsa (mild or spicy)
- WESTERN**
Ham, peppers and onions
- OMELETTE X**
Salami, hot dog, peppers and onions
- AVOCADO**
Sun-dried tomatoes, avocado and goat cheese
- SPINACH, FETA & OLIVES**

CREATE YOUR OWN OMELETTE

MADE WITH 4 EGGS
EACH VEGGIE TOPPING +\$ · EACH MEAT TOPPING +\$
SERVED WITH HOMEFRIES, FRUITS & FILTERED COFFEE

CREATE YOUR OWN QUICKIE

“QUICKIE” IS YOUR CHOICE OF 3 ITEMS LISTED BELOW
MIXED IN WITH 2 SCRAMBLED EGGS
SERVED WITH YOUR CHOICE OF BREAD, HOMEFRIES,
FRUITS & FILTERED COFFEE

INGREDIENTS

VEGGIES : Tomatoes, mushrooms, spinach, asparagus, red or green peppers, onions, sun-dried tomatoes, black olives

MEATS : Bacon, sausage, ham, beef salami, hot dog

CHEESE : Cheddar, Swiss, Brie, mozzarella, goat, blue, feta, cream cheese

EXTRAS : Smoked salmon Avocado Egg white Veggie mix (peppers & onions)

PASTRIES

FRUITS & BERRIES BASED ON SEASONAL AVAILABILITY | SERVED WITH FILTERED COFFEE
MAPLE SYRUP OR NUTELLA +\$ | MIXED FRUITS, MIXED BERRIES OR SOUR CHERRY JAM +\$
ADD STRAWBERRY, BANANA, NUTELLA, CHOCOLATE CHIPS OR MAPLE SYRUP +\$

PANCAKES

CLASSIC (3)

FRENCH TOAST

CLASSIC (3)

CORNFLAKE-CRUSTED +\$

CHALLAH FRENCH TOAST (3)

CORNFLAKE-CRUSTED +\$

BANANA BREAD FRENCH TOAST (3)

Cornflake-cruste French toast topped with banana & chocolate chips

WAFFLES

CLASSIC WAFFLE

ELVIS WAFFLE

Topped with banana, bacon & peanut butter

CREPES

CLASSIC CREPE (2)

BANANA NUTELLA CREPE (2)

B&M CREPE 1 CREPE 2 CREPES

Stuffed with scrambled eggs, bacon, sausage and ham, served with homefries & fruits

VEGETARIAN CREPE 1 CREPE 2 CREPES

Stuffed with scrambled eggs and vegetables, served with homefries & fruits

BREAKFAST SIDES

MEATS

BACON (5)

SAUSAGE (3)

HAM (2)

BEEF SALAMI (3)

PASTRIES (REGULAR)

ADD STRAWBERRY, BANANA, NUTELLA, CHOCOLATE CHIPS
OR MAPLE SYRUP TO YOUR BREAKFAST PASTRY +\$

SINGLE PANCAKE

SINGLE FRENCH TOAST

SINGLE CHALLAH

SINGLE CREPE

SIDES

EXTRA EGG

BAKED BEANS

SMOKED SALMON (3)

Red onions & capers

HOLLANDAISE SAUCE

FRUITS SKEWER

SIDE POTATOES

SIDE TOMATOES

SIDE BAGEL

SIDE FETA

BREAKFAST DELIGHTS

BREAKFAST SANDWICH

Fried egg, cheddar cheese, lettuce, tomato and bacon, served on a toasted bagel with homefries, fruits and filtered coffee

BAGEL LOX SANDWICH

Smoked salmon, cream cheese, red onions, tomatoes and capers, served on a toasted bagel with homefries, fruits and filtered coffee

LOX PLATTER

Smoked salmon, cream cheese, red onions, capers, black olives and tomatoes, served with a toasted bagel, fruits and filtered coffee

BREAKFAST POUTINE

Homefries, bacon, cheese curds, onions and pepper, topped with 2 poached eggs and hollandaise sauce

AVOCADO TOAST

Avocado spread with feta and mint on sourdough, topped with a poached egg

MILKSHAKES

SPIKE YOUR MILKSHAKE (BAILEYS® ORIGINAL) +\$
ESPRESSO SHOT +\$

CLASSIC VANILLA

ULTIMATE CHOCOLATE

STRAWBERRY

CHUNKY MONKEY

Chocolate, banana & coffee

ELVIS - Banana and peanut butter

COFFEE BAR

HOUSE BLEND COFFEE OR REGULAR TEA

ESPRESSO SINGLE DOUBLE

MACCHIATO

CAPPUCCINO

CAFÉ LATTE SMALL LARGE

ORGANIC TISANE

HOT CHOCOLATE

SERVICE BAR

FRESHLY SQUEEZED ORANGE JUICE SMALL LARGE

FRESHLY SQUEEZED GRAPEFRUIT JUICE SMALL LARGE

ORANGE JUICE

APPLE JUICE

CRANBERRY JUICE

MILK SMALL LARGE

CHOCOLATE MILK SMALL LARGE

STEWART'S

TURN YOUR STEWART'S INTO A FLOAT (CREAM SODA, BLACK CHERRY, ROOT BEER) +\$

SNAPPLE

SAN PELLEGRINO (SODAS)

SAN PELLEGRINO (SPARKLING WATER) SMALL LARGE

SOFT DRINKS

BOTTLED WATER

COCKTAILS

MIMOSA

Prosecco & freshly squeezed orange juice

APRICOT BELLINI

Prosecco and apricot nectar juice

BLOODY CAESAR

Vodka and Clamato