



B & M

BREAKFAST AND LUNCH

B & M

EGGS

SERVED WITH TOAST, HOMEFRIES & FRUITS

MEAT CHOICES: BACON, HAM, BEEF SALAMI OR SAUSAGE | **BREAKFAST PASTRIES:** PANCAKE, FRENCH TOAST, WAFFLE, CREPE
REPLACE HOMEFRIES & FRUITS FOR SALAD OR SWEET POTATO FRIES +\$ | EGG WHITES ONLY +\$

- 1 EGG (ANY STYLE) \$ + 1 CHOICE OF MEAT \$
- 2 EGGS (ANY STYLE) \$ + 1 CHOICE OF MEAT \$
- OPEN FACE BAGEL B&M**
2 eggs over-easy topped with bacon & Swiss cheese
- HUNGRY MEAL**
2 eggs (any style) with 3 meat choices and 1 choice of breakfast pastry
ADD STRAWBERRY, BANANA, NUTELLA, CHOCOLATE CHIPS, ENGLISH CREAM OR MAPLE SYRUP TO YOUR BREAKFAST PASTRY +\$
- EGGS & SALMON (3)**
- STEAK & EGGS**

EGGS BENEDICT

SERVED WITH HOMEFRIES & FRUITS | REPLACE HOMEFRIES & FRUITS FOR SALAD OR SWEET POTATO FRIES +\$

- HAM AND SWISS CHEESE**
- SPINACH AND BRIE CHEESE**
- AVOCADO AND GOAT CHEESE**
- SPINACH, SMOKED SALMON, ASPARAGUS AND SWISS CHEESE**
- STEAK BENEDICT**
Steak Benedict with spinach & chipotle hollandaise sauce
- WAFFLE BENEDICT**
Cheddar and bacon

HEALTHY CHOICES

FRUITS & BERRIES BASED ON SEASONAL AVAILABILITY

- FRUIT CUP**
Berries or mixed fruit
- FRUIT PLATTER**
Assortment of seasonal fruits served with Greek or low-fat yogurt
- YOGURT**
WITH BERRIES OR MIXED FRUIT +\$ | WITH GRANOLA +\$ | REPLACE LOW-FAT YOGURT WITH GREEK YOGURT +\$
- YOGURT, GRANOLA AND TWO POACHED EGGS**
Low-fat yogurt topped with berries or mixed fruit & choice of bread
REPLACE LOW-FAT YOGURT WITH GREEK YOGURT +\$
- GREEK YOGURT**
Served with sour cherry jam
- OATMEAL (STEEL-CUT OATS)**
Topped with brown sugar, banana, maple syrup & cinnamon

B & M

OMELETTES

SERVED WITH HOMEFRIES & FRUITS

MADE WITH 4 EGGS | EGG WHITES ONLY +\$

REPLACE HOMEFRIES & FRUITS FOR SALAD OR SWEET POTATO FRIES +\$

REGULAR

THREE-CHEESE

Cheddar, Swiss and mozzarella

FARMER'S

Sausage, mushrooms and onions

MEXICAN

Peppers, mushrooms, onions and salsa (mild or spicy)

WESTERN

Ham, peppers and onions

OMELETTE X

Salami, hot dog, peppers and onions

AVOCADO

Sun-dried tomatoes, avocado and goat cheese

SPINACH, FETA & OLIVES

CREATE YOUR OWN OMELETTE

MADE WITH 4 EGGS

EACH TOPPING +\$

SERVED WITH HOMEFRIES & FRUITS

CREATE YOUR OWN QUICKIE

"QUICKIE" IS YOUR CHOICE OF 3 ITEMS LISTED BELOW

MIXED IN WITH 2 SCRAMBLED EGGS

SERVED WITH YOUR CHOICE OF BREAD, HOMEFRIES & FRUIT

INGREDIENTS

VEGGIES: Tomatoes, mushrooms, spinach, asparagus, red or green peppers, onions, sun-dried tomatoes, black olives

MEATS: Bacon, sausage, ham, beef salami, hot dog

CHEESE: Cheddar, Swiss, Brie, mozzarella, goat, blue, feta, cream cheese

EXTRAS: Smoked salmon ...\$ Avocado...\$ Egg white ...\$ Veggie mix (peppers & onions) ...\$

BREAKFAST DELIGHTS

BREAKFAST SANDWICH

Fried egg, cheddar cheese, lettuce, tomato and bacon, served on a toasted bagel with homefries & fruits

BAGEL LOX SANDWICH

Smoked salmon, cream cheese, red onions, tomatoes and capers, served on a toasted bagel with homefries & fruits

LOX PLATTER

Smoked salmon, cream cheese, red onions, capers, black olives and tomatoes, served with a toasted bagel & fruits

BREAKFAST POUTINE

Homefries, bacon, cheese curds, onions and pepper, topped with 2 poached eggs and hollandaise sauce

AVOCADO TOAST

Avocado spread with feta and mint on sourdough, topped with a poached egg

B & M

PASTRIES

FRUITS & BERRIES BASED ON SEASONAL AVAILABILITY

MAPLE SYRUP, ENGLISH CREAM OR NUTELLA +\$ | MIXED FRUITS, MIXED BERRIES OR SOUR CHERRY JAM +\$

ADD STRAWBERRY, BANANA, NUTELLA, CHOCOLATE CHIPS, ENGLISH CREAM OR MAPLE SYRUP TO YOUR BREAKFAST PASTRY +\$

PANCAKES

CLASSIC (3)

B&M PANCAKE (3)

Topped with Greek yogurt and sour cherry jam

FRENCH TOAST

CLASSIC (3)

CORNFLAKE-CRUSTED +\$

CHALLAH FRENCH TOAST (3)

CORNFLAKE-CRUSTED +\$

BANANA BREAD FRENCH TOAST (3)

Cornflake-crust French toast topped with banana & chocolate chips

WAFFLES

CLASSIC WAFFLE

ELVIS WAFFLE

Topped with banana, bacon & peanut butter

CREPES

CLASSIC CREPE (2)

BANANA NUTELLA CREPE (2)

B&M CREPE 1 CREPE 2 CREPES

Stuffed with scrambled eggs, bacon, sausage and ham, served with homefries & fruits

VEGETARIAN CREPE 1 CREPE 2 CREPES

Stuffed with scrambled eggs and vegetables, served with homefries & fruits

BREAKFAST SIDES

MEATS

BACON (5)

SAUSAGE (3)

HAM (2)

BEEF SALAMI (3)

PASTRIES (REGULAR)

ADD STRAWBERRY, BANANA, NUTELLA, CHOCOLATE CHIPS, ENGLISH CREAM OR MAPLE SYRUP TO YOUR BREAKFAST PASTRY +\$

SINGLE PANCAKE

SINGLE FRENCH TOAST

SINGLE CHALLAH

SINGLE CREPE

SIDES

EXTRA EGG

BAKED BEANS

SMOKED SALMON (3)

Red onions & capers

HOLLANDAISE SAUCE

FRUITS SKEWER

SIDE POTATOES

SIDE TOMATOES

B & M

SALADS

HOUSE SALAD SMALL LARGE

Tomatoes, cucumbers, red peppers, green peppers, radishes, celery and carrots,
topped with our homemade herb & garlic vinaigrette

CAESAR SALAD SMALL LARGE

Romaine lettuce & croutons tossed with our homemade Caesar dressing

GREEK SALAD SMALL LARGE

Tomatoes, cucumbers, olives, red peppers, green peppers, red onions and feta cheese,
tossed with our homemade Greek dressing

GREEK QUINOA SALAD SMALL LARGE

Quinoa, tomatoes, cucumbers, olives, red peppers, green peppers, red onions and feta cheese,
tossed with our homemade Greek dressing

EXTRA

AVOCADO

GRILLED CHICKEN

SMOKED SALMON

HARD-BOILED EGG

SANDWICHES

GRILLED CHICKEN SANDWICH

Chicken, avocado, lettuce and tomato, topped with Swiss cheese and mayonnaise on a toasted ciabatta

STEAK SANDWICH

Steak with lettuce, tomato and caramelized onions, topped with goat cheese prepared
with chipotle mayonnaise on toasted ciabatta

GRILLED CHICKEN CLUB

Chicken, lettuce, tomato, bacon and mayonnaise served on sourdough bread

BLT SANDWICH

CLASSIC GRILLED CHEESE

Served on sourdough bread

SPINACH AND MOZZARELLA GRILLED CHEESE

CHEDDAR, BACON AND TOMATOES GRILLED CHEESE

EXTRA

HOUSE/CAESAR SALAD (SMALL)

FRIES

AVOCADO

SWEET FRIES

LUNCH SIDES

SOUP OF THE DAY SMALL LARGE

BOWL OF CHILI SMALL LARGE

B & M

BURGERS / HOT DOGS

ALL OUR BURGERS ARE SERVED ON A FRESH BUN WITH LETTUCE AND TOMATOES & TOPPED WITH A PICKLE

ALL BURGERS ARE HOMEMADE DAILY. ALWAYS FRESH, NEVER FROZEN.

COMPLIMENTARY: MAYONNAISE, CHIPOTLE MAYONNAISE, DIJON MUSTARD, RELISH, HOT PEPPERS, ONIONS, PICKLES

ANGUS BEEF BURGER

GRILLED CHICKEN BURGER

VEGGIE PATTY BURGER

NATHAN'S HOT DOG - All beef foot-long.....

CHILI CHEESE DOG - Nathan's hot dog, homemade chili, cheddar cheese

ADD CHEESE

CHEDDAR

SWISS

MOZZARELLA

BRIE

GOAT

BLUE

FETA

CREAM CHEESE

TOPPINGS

BACON (2)

FRIED EGG

AVOCADO

CARAMELIZED ONIONS

SAUTÉED MUSHROOMS

HOMEMADE CHILI

COLESLAW

COMBOS

CHOICE OF BEEF BURGER, CHICKEN BURGER, VEGGIE BURGER OR HOT DOG

REPLACE YOUR FRENCH FRIES FOR A REGULAR POUTINE OR SWEET POTATO FRIES OR A SMALL SALAD (HOUSE OR CAESAR) +\$

#1 WITH FRENCH FRIES + SOFT DRINK OR SNAPPLE OR SAN PELLEGRINO OR STEWART'S

#2 WITH FRENCH FRIES + MILKSHAKE OR FLOAT

#3 WITH FRENCH FRIES + BEER (20 oz.)

POUTINE / FRIES

FRIES

REGULAR

SWEET FRIES

POUTINE

REGULAR POUTINE

SWEET FRIES POUTINE

SAUCE

GRAVY

JALAPEÑO KETCHUP 🌶️

HABANARO MAPLE MAYONNAISE 🌶️🌶️🌶️

EXTRA

CHILI

CHICKEN

BACON

HAMBURGER

HOT DOG

CARAMELIZED ONIONS

MUSHROOM

B & M

PIZZAS

EACH EXTRA TOPPING +\$

MARGHERITA

Tomato sauce & cheese

ALL DRESSED

Tomato sauce, pepperoni, green peppers, mushrooms & cheese

B&M SPECIAL

Tomato sauce, pepperoni, green peppers, mushrooms, onions, ham, bacon & cheese

TEEN SPIRIT

Pesto, garlic, spinach, fresh tomatoes, black olives, feta & mozzarella cheese

MEAT LOVERS

Tomato sauce, pepperoni, bacon, Angus beef & cheese

MILKSHAKES

SPIKE YOUR MILKSHAKE (BAILEYS® ORIGINAL) +\$
ESPRESSO SHOT +\$

CLASSIC VANILLA

ULTIMATE CHOCOLATE

STRAWBERRY

CHUNKY MONKEY - Chocolate, banana and coffee

ELVIS - Banana and peanut butter

SMOOTHIES

SPIKE YOUR SMOOTHIE
(DARK RUM, VODKA) +\$

BERRY

MANGO BERRY

CREAMSICLE

CARIBBEAN COLADA

BANANA PEANUT BUTTER

COCKTAILS

MIMOSA - Prosecco & freshly squeezed orange juice

APRICOT BELLINI - Prosecco and apricot nectar juice

BLOODY CAESAR - Vodka and Clamato

DRAFT BEERS

BEERS 12 oz. 20 oz.

B & M

COFFEE BAR

HOUSE BLEND		
ESPRESSO	SINGLE	DOUBLE
MACCHIATO		
CAPPUCCINO		
CAFÉ LATTE	SMALL	LARGE
ORGANIC TISANE		
HOT CHOCOLATE		
SOYA MILK EXTRA	SMALL	LARGE

SERVICE BAR

FRESHLY SQUEEZED ORANGE JUICE	SMALL	LARGE
FRESHLY SQUEEZED GRAPEFRUIT JUICE	SMALL	LARGE
ORANGE JUICE		
APPLE JUICE		
CRANBERRY JUICE		
MILK	SMALL	LARGE
CHOCOLATE MILK	SMALL	LARGE
STEWART'S		
TURN YOUR STEWART'S INTO A FLOAT (CREAM SODA, BLACK CHERRY, ROOT BEER) +\$		
SNAPPLE		
SAN PELLEGRINO (SODAS)		
SAN PELLEGRINO (SPARKLING WATER)	SMALL	LARGE
SOFT DRINKS ('OLD SCHOOL' BOTTLES) - Coke, Diet Coke, Sprite		
BOTTLED WATER		

120 ST-VIAEUR STREET WEST, MONTREAL, QC H2T 2L1

514.223.9255

BMRESTAURANT.COM

